

# INITIAL HEALTH FORM

PLEASE CHECK ALL ANSWERS AND FILL IN THE BLANKS WHERE APPROPRIATE

Last Name		First Name	
Address:		City	Zip Code
Home#	Work	Cell#	Sex:M/F
Email		Referred By	
D.O.B	Age	Height	Weight
Occupation		Employer	
Name of Spouse		Children's Name & Ages:	

Reason of Appointment

When did your condition begin?

**Have you ever had similar problems?**

- Yes
- No

Have you had X-rays, MRI or other tests for this condition? What tests :

**Is this condition related to: Work?**

- Yes
- No

**Has your employer been notified?**

- Yes
- No

**Motor vehicle accident?**

- Yes
- No

Date of injury

**Can you perform your daily home activities?**

- Yes
- Yes, only with help
- Not at all

**Can you perform your daily work activities?**

- All activities
- Only some
- Not at all

**Describe your stress level: \***

- None
- Mild
- Moderate
- High

**Do you exercise?**

- Daily
- Occasionally
- Not at all

Please list any previous surgeries, illnesses, injuries (motor vehicle accident):

**Have you had previous chiropractic care? \***

- Yes
- No

Doctor

Date

Family doctor name:

List ALL medications: (prescriptions, vitamins, herbal supports, BCP, aspirin, etc.)

Date

Practice Member Signature: